

St. Augustine Towers

COVID - 19 Guidelines for Patio Visits

Procedures

- Staff will check temperatures of visitors.
- Masks will be worn. If a visitor does not have one they will be given one.
- The practice of social distancing of 6 feet will be followed.

• COVID-19 is thought to spread mainly through close contact from person-to-person. Some people without symptoms may be able to spread the virus. We are still learning about how the virus spreads and the severity of illness it causes.

Person-to-person spread

The virus is thought to spread mainly from person-to-person.

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs, sneezes, or talks.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- COVID-19 may be spread by people who are not showing symptoms
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- **The virus may be spread in other ways**
- It may be possible that a person can get COVID-19 by **touching a surface or object that has the virus on it** and then touching their own mouth, nose, or possibly their eyes. This is not thought to be the main way the virus spreads, but we are still learning more about how this virus spreads.

Protect yourself and others

The best way to prevent illness is to avoid being exposed to this virus. You can take steps to slow the spread.

- [Maintain good social distance](#) (about 6 feet). This is very important in preventing the spread of COVID-19.
- [Wash your hands](#) often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- [Routinely clean and disinfect](#) frequently touched surfaces.
- Cover your mouth and nose with a [cloth face covering](#) when around others.
- Any type of cloth mask will capture droplets of the virus and consolidate them on the inside of the mask.
- Some physicians estimate that a mask can cut down 95 percent of the droplets that are expelled by breathing. **This is why wearing a mask is so important for the safety of others.**
- The COVID – 19 virus is incased in a lipid layer, which is a layer of fat. Regular soap can break down this fat layer which destroys the virus. This is why washing your hands and disinfecting surfaces is so important.