

## St. Augustine Manor Child Enrichment Center Menu - 2017

Week 1	Breakfast	1-2 yrs 3-5 yrs	Lunch	1-2 yrs 3-5 yrs	Snack	1-2 yrs 3-5 yrs
M	Scrambled Eggs	1/4 c 1/2 c	Turkey with gravy	1/2 ea 1 ea	fresh	1/4 c 1/2 c
O	berry muffin	1/2 ea 1 ea	sweet potatoes	1/4 c 1/2 c	cantaloupe	
N	Milk	1/2c 3/4c	Squash	1/4 c 1/2 c	Milk	1/4c 1/2c
	Juice	1/4c 1/2c	Fruit Cocktail	1/4 c 1/2 c		
	Ham	1/2 ea 1 ea	Milk	1/2 c 3/4 c		
T	CornFlakesCereal	1/2c 3/4c	Chicken Breast	1oz 1 1/2oz	nutra grain bar	1 ea 1 ea
U	Bacon Strips	1/2ea 1ea	rice	1/4c 1/2c		
E	toast	1/2 ea 1 ea	carrots	1/4c 1/2c	Milk	1/2c 3/4c
S	Milk	1/2c 3/4c	pineapple	1/4c 1/2c		
	Juice	1/4c 1/2c	Milk	1/2c 3/4c		
W	egg omelet	1/2 ea 1 ea	Beef Stroganoff	1oz 1 1/2oz	Cherrios Cereal	1/2c 3/4c
E	sausage	1/2 ea 1 ea	egg noodles	1/2c 1/2c		
D	Milk	1/2c 3/4c	peaches	1/4c 1/2c	Milk	1/2c 3/4c
	Juice	1/4c 1/2c	broccoli	1/4c 1/2c		
	toast	1/2 ea 1 ea	Milk	1/2c 3/4c		
T	Pancakes	1/2 ea 1ea	Chicken Cordon Bleu	1oz 1 1/2oz	Whole Apple	1/2 ea 1 ea
H	Bacon Strips	1/2ea 1ea	red skin potatoes	1/4c 1/2c	Peanut butter	1 tbsp 2 tbsp
U	toast	1/2 ea 1 ea	Peas	1/4c 1/2c	Milk	1/2c 3/4c
R	Milk	1/2c 3/4c	fruit cup	1/4c 1/2c		
S	Juice	1/4c 1/2c	Milk	1/2c 3/4c		
F	Scram EggsCheese	1/4c 1/3c	Meat Lasagna	1oz 1 1/2oz	crackers	1/2 bag 1 bag
R	sausage	1/2 ea 1 ea	broccoli	1/4c 1/2c	cheese slices	1 ea 1 ea
I	toast	1/2 ea 1 ea	Pears	1/4c 1/2c	Juice	1/4c 1/2c
	Milk	1/2c 3/4c	bread stick	1/2ea 1 ea		
	Juice	1/4c 1/2c	Milk	1/2c 3/4c		

Bread served at every lunch